



ST. MICHAEL CATHOLIC CHURCH

 @StMikesWaterloo

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80 University Ave. W., (at Hemlock Street), Waterloo, ON N2L 3C7

P: 519-884-9311 • F: 519-888-6042 • Parish Office email: parish@stmichaelw.ca

Father Pawel Jamroz, Pastor email: pastor@stmichaelw.ca

SCHEDULE OF LORD'S DAY MASSES

Saturday: 5:00 p.m.

Sunday: 9:00 a.m., 11:00 a.m. & 7:00 p.m.

WEEKDAY MASS SCHEDULE

Tuesday: 7:00 p.m.

Wednesday & Thursday: 12:15 p.m.

Friday: 8:00 a.m.

SACRAMENT OF RECONCILIATION

15 minutes before daily Masses and

Tuesday 6:15-6:45 p.m., 7:45 -8:15 p.m.

Friday 8:30-9:00 a.m.

Saturday 4:00-4:45 p.m.

Sunday 6:15-6:45 p.m.

Father is also available before and after Sunday Masses if needed.



Our Worship Space and Parish Centre are barrier free off of Hemlock Street entrance

PARISH OFFICE HOURS

Monday to Friday: 9:00 a.m. - 4:30 p.m.

PARISH PRAYER NETWORK

Our parish prayer network prays for those who are in need. To add an intention or become a member of the prayer network, please email us at parish@stmichaelw.ca

OUR PARISH SCHOOLS

Sir Edgar Bauer Elementary School	519-884-8480
St Nicholas Elementary School	519-884-9198
Resurrection Secondary School	519-741-1990
St David Secondary School	519-885-1340
St Jerome University	519-884-8111

SACRAMENT OF BAPTISM

Please contact the Parish Office to begin the process of preparing your child and family for this Sacrament.

CAMPUS MINISTRY

St Michael Parish welcomes post-secondary students to participate in the life of the parish. The St John Paul II Student Centre (adjacent to the Church) offers programming and pastoral care for all university and college students (jp2waterloo.ca).

SACRAMENT OF MARRIAGE

The Sacrament of Marriage is normally celebrated on Saturday afternoons. Preparation is provided. Please contact Father before setting a date of marriage.

PASTORAL CARE TO SICK AND HOMEBOUND

Ministers of Communion to the Sick bring communion to those who are sick or confined at home, in nursing homes or hospital. Anointing of the Sick takes place annually in the parish, and is celebrated personally upon request. To ensure a visit by our Pastoral Team when hospitalized please indicate you are a member of St Michael Parish.

HEALING MINISTRIES

"Heartache to Healing" is our Grief Support Group and "ACT II" is our Separated/Divorced Group. To find out more about the programs, please contact our parish office.

ST. VINCENT DE PAUL SOCIETY

Due to COVID-19, emergency food deliveries from our parish are currently on hold. If there is an urgent need, please call 519-742-8327 and press 2 for the House of Friendship food assistance program. Monthly collections have also been "paused" for 2022 due to inactivity for the foreseeable future.

BLESSING OF EXPECTANT PARENTS

The Blessing of Expectant Parents takes place after each Mass on the First Sunday of the month.

PARISH BEQUESTS

Keep your love for your parish alive. Remember St. Michael Parish in your will and when recommending expressions of sympathy.

FROM THE PASTOR'S DESK

Weekly Gospel Reflection (Mt 5: 13-16)



In today's Gospel Jesus calls His disciples and us "**the salt and the light of the world.**" In this way, the Lord invites us to live in such a way that others looking at us could experience the presence of God. The prophet Isaiah in the first reading (Is 58:7-10) gives vivid examples how it is possible.

To alleviate the suffering of the oppressed, to tend to the needs of others ... these are the activities by which believers make it possible for others to taste and see the goodness of the Lord.

Fr. Jamroz

WELCOME TO ST. MICHAEL PARISH

Welcome, we are glad you're here! For details on our parish life, please check out our website: www.stmichaelw.ca



Tuesday, February 7, 2023

7:00 pm + Special Intentions of Isabelle Gowing
– Nicole Aube

+ Tony Villapiana – Maria Ianni

7:30pm-8:30pm Holy Hour with Adoration & Benediction

Wednesday, February 8, 2023

12:15 pm + Joe Donato – Maria Ianni

+ Deceased Family members of Maria Ianni

Thursday, February 9, 2023

12:15 pm + Special Intentions of Carol-Ann Lorentz

Friday, February 10, 2023

8:00 am + Alvaro Ramirez Ramirez – The Benavides Family

8:30am-9am Adoration of the Blessed Sacrament

Saturday, February 11, 2023

5:00 pm + Bernard Adlys – Sonia Adlys & family

+ Frank & Anna Gruber – The Miller Family

Parish Office Hours

The parish office is open Monday to Friday from 9:00 am to 4:30 pm. If you are in need of a priest, you can contact Fr. Jamroz by telephone at 519-884-9311 ext. 27 or by email at pastor@stmichaelw.ca.

Sunday Homilies Online

Sunday homilies are available weekly online in audio version through our parish website – just click on the button 'LISTEN TO HOMILY'.

The Church is Open for Prayer

The Church is open for quiet prayer Monday to Friday, from 9:00 am to 4:00 pm.

Prayer Intentions

Prayer intentions are placed at the front of the Altar that are remembered privately at Mass during the prayers of the faithful. You can also have your request shared with our prayer group ministry. If you wish to have a prayer intention added, please go to our website www.stmichaelw.ca and click on the link on the bottom of the page or contact the parish office by phone or email.

Feast of Our Lady of Lourdes

On **Feb. 11**, the Catholic Church celebrates the liturgical memorial of Our Lady of Lourdes, recalling a series of 18 appearances that the Blessed Virgin Mary made to a 14-year-old French peasant girl, Saint Bernadette Soubirous. The Marian apparitions began Feb. 11, 1858, ended July 16 that year ... Coming soon after the 1854 dogmatic definition of her Immaculate Conception, the Virgin Mary's appearances at Lourdes turned the town into a popular travel destination. Thousands of people say their medical conditions have been cured through pilgrimage, prayer, and the water flowing from a spring to which Bernadette was directed by the Blessed Virgin. ... (Excerpt: catholicnewsagency.com)

World Day of the Sick, February 11

The ministry of Jesus to the sick is central to the life of the Church. The Holy Father's 2023 message is entitled: **"Take care of him - Compassion as a synodal exercise of healing"**. In light of the Church's synodal journey, Pope Francis invites us *"to reflect on the fact that it is precisely through the experience of fragility and illness that we can learn to walk together according to God's style of closeness, compassion and tenderness."*

Community Outreach in Action at St. Michael Parish - Thank you!

With the opening of the new House of Friendship in January, a dedicated volunteer team from our Parish jumped into action assembling 100 welcome bags and serving refreshments at their open house. A huge thank you to all of our volunteers! We are not only building community outside of our Parish, but also within as we get to know fellow parishioners.

We will be exploring opportunities for us to support the House of Friendship on an ongoing monthly basis. First, they need to get more settled themselves to determine what type of support they need going forward. Stay tuned!



Soup & Movie, Tuesday Feb 7th Starting at 12:30pm

The CWL would like to invite all women of the parish to join us for a soup lunch and movie (I Can Only Imagine) in the **parish hall at 12:30 on Tuesday February 7th**. This is also our **first CWL meeting of 2023** and we will briefly cover any necessary CWL business prior to the movie. **MEMBERSHIP REMINDER** – if you haven't paid your 2023 dues, please bring them along on Tuesday

Prayer Shawl Ministry

Members of St. Michael's knit and crochet prayer shawls and pray for people who are ill or have experienced a loss. The next meeting is **February 8** at 1 pm in the library. Please consider joining this ministry. All are welcome.

Heartache to Healing – Monthly Grief Support Group – February 8, 2023, 7 – 8:30 pm

The monthly Grief Support runs on the 2nd Wednesday of every month in the parish hall. This group is open to anyone who is grieving the death of a loved one, or a significant loss. You can attend when you're able to. Visit our website (www.stmichaelw.ca/grief-support), or contact our parish office for more information.

St. Michael's Africa Project

Harambee Pub Night, Thursday, February 9, 2023

This is the last weekend to purchase tickets for the **Harambee Pub Night – still only \$10**. Come at 6 and enjoy dinner first or join us from 7 pm till about 9:30 for music by Michael Kelly Cavan, games and a Silent Auction. **The Pub Night is a fundraiser for a new school to be built in Nyalieng'a, Kenya – the Blessed Theresa of Jesus Gerhardinger Educational Center.**

Moms Ministry Monthly Small Group Exploring the Ministry of Motherhood starts Monday, February 13th

Join the Moms Ministry for a small group series unpacking the book, *The Ministry of Motherhood*, uncovering ways to use biblical wisdom and practical teachings, to make a lasting difference in our children's lives by following the pattern Christ set with his own disciples. We'll meet monthly on Monday nights in the Parish Resource Centre (basement), starting Monday, February 13th at 7:30pm. For registration, information on how to purchase your copy of the book, and for a list of all 5 meetings and our reading plan visit <https://stmichaelw.ca/womens-ministry>. Questions? Email parish@stmichaelw.ca

Join our Pastoral Care of the Sick Ministry (Long Term Care and Retirement Homes)

Are you being called to serve our community providing care, concern, prayer and the Eucharist to residents of the LTC and Retirement Homes within our Parish boundaries? Do you have the time to commit a couple times a month, 2 hrs each visit? We have a number of opportunities available. For more information, please contact Kathy Shaw 519-886-2117 or shawbing@rogers.com.



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Eat in call **Manager 519-884-2060**
Wednesday Spaghetti: Take out/Eat in call
Manager 519-884-2060, place orders by 2:30 pm
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